

| Cheadle 4 Race Results 2016 | | | | | | | NSRRA | |
|-----------------------------|-------|-----|----|---------------|-----------------------------|------|-------|-------|
| Pos | Time | No. | | Name | Club | Cat | No. | Group |
| 1 | 19.59 | 74 | M | Clowes | Cardiff A.C. | M | | |
| 2 | 22.51 | 88 | L | Boulton | Trentham Running Club | M | | |
| 3 | 23.02 | 72 | C | Platt | Trentham Running Club | M | | |
| 4 | 23.14 | 376 | T | Twentyman | Newcastle A C | MV50 | 721 | A |
| 5 | 23.20 | 86 | LJ | Watson | Trentham Running Club | M | | |
| 6 | 23.34 | 295 | P | Mallison | South Cheshire Harriers | MV45 | 404 | A |
| 7 | 23.40 | 58 | J | Daley | Boalloy | M | 720 | A |
| 8 | 23.40 | 370 | P | Swan | Stone Master Marathoners | MV50 | 76 | A |
| 9 | 23.45 | 44 | L | Bailey | Boalloy | M | 272 | A |
| 10 | 23.50 | 82 | S | Wilson | Vale of Aylesbury | M | | |
| 11 | 23.52 | 62 | C | Cox | Cheadle Running Club | M | 731 | B |
| 12 | 23.52 | 188 | S | Bailey | Newcastle A C | MV40 | 320 | B |
| 13 | 24.01 | 59 | S | Naylor | Michelin A C | M | 420 | B |
| 14 | 24.02 | 84 | S | Minshall | Trentham Running Club | M | | |
| 15 | 24.06 | 189 | I | Cawley | Trentham Running Club | MV40 | 715 | A |
| 16 | 24.08 | 49 | J | Condlyffe | City of Stoke A C | M | | |
| 17 | 24.13 | 191 | S | Day | Cheadle Running Club | MV40 | 278 | A |
| 18 | 24.21 | 298 | B | Holmes | Trentham Running Club | MV45 | 389 | B |
| 19 | 24.30 | 187 | L | Ellis | Trentham Running Club | MV40 | 223 | A |
| 20 | 24.50 | 45 | C | Taylor | Trentham Running Club | M | 66 | C |
| 21 | 24.52 | 66 | T | Wilson | Stone Master Marathoners | M | | |
| 22 | 24.55 | 297 | P | Hancock | South Cheshire Harriers | MV45 | 89 | B |
| 23 | 24.58 | 57 | B | Johnson | Newcastle A C | M | 644 | C |
| 24 | 24.59 | 799 | S | Hollinshead | Cheadle Running Club | LV45 | | |
| 25 | 25.07 | 299 | G | Pattinson | Cheadle Running Club | MV45 | 699 | E |
| 26 | 25.36 | 56 | C | Morgan | Trentham Running Club | M | 758 | C |
| 27 | 25.41 | 97 | R | Cook | Ashbourne Running Club | M | | |
| 28 | 25.48 | 206 | N | Realey | Unattached | MV45 | | |
| 29 | 25.55 | 63 | D | Pickstock | Trentham Running Club | M | | |
| 30 | 25.58 | 460 | A | Brookes | South Cheshire Harriers | MV55 | 215 | B |
| 31 | 26.01 | 375 | I | Heath | Trentham Running Club | MV50 | 754 | B |
| 32 | 26.03 | 502 | M | Oldham | Manchester Harriers | MV60 | 428 | B |
| 33 | 26.06 | 197 | D | Jones | Unattached | MV40 | 169 | B |
| 34 | 26.07 | 52 | B | Bewley | Newcastle A C | M | 189 | B |
| 35 | 26.09 | 463 | R | Tabbanor | Trentham Running Club | MV55 | 306 | B |
| 36 | 26.13 | 107 | J | Blount | Newcastle A C | MV40 | 149 | C |
| 37 | 26.17 | 61 | D | Ford | Unattached | M | 727 | C |
| 38 | 26.26 | 293 | T | Hulse | Stone Master Marathoners | MV45 | 706 | B |
| 39 | 26.28 | 289 | B | Smith | Trentham Running Club | MV45 | 260 | C |
| 40 | 26.29 | 369 | P | Stoddard | Cheadle Running Club | MV50 | | |
| 41 | 26.37 | 104 | B | Connor | Cheadle Running Club | MV40 | | |
| 42 | 26.39 | 296 | D | Sadler | Road Runners Club | MV45 | | |
| 43 | 26.48 | 615 | K | Defries | Trentham Running Club | L | 724 | L |
| 44 | 26.52 | 288 | A | Maxfield | Mow Cop Runners | MV45 | 641 | C |
| 45 | 26.58 | 94 | J | Kelly | Cheadle Running Club | M | | |
| 46 | 26.58 | 196 | J | Pepper | Unattached | MV40 | | |
| 47 | 27.15 | 793 | R | Watchorn-rice | Cheadle Running Club | LV45 | | |
| 48 | 27.22 | 366 | J | Green | NSRRA | MV50 | 137 | B |
| 49 | 27.24 | 90 | D | Morrey | Staffordshire Moorlands A C | M | | |
| 50 | 27.29 | 70 | A | Lightfoot | Unattached | M | | |
| 51 | 27.31 | 64 | D | Nimmo | South Cheshire Harriers | M | 330 | C |
| 52 | 27.38 | 1 | A | Eyre | Unattached | M | | |
| 53 | 27.39 | 100 | K | Mottram | Buxton A C | MV40 | 350 | C |
| 54 | 27.40 | 458 | C | Green | Cheadle Running Club | MV55 | | |
| 55 | 27.41 | 291 | N | Baskerville | South Cheshire Harriers | MV45 | 287 | B |
| 56 | 27.42 | 65 | N | Gordon | NSRRA | M | 701 | E |
| 57 | 27.43 | 69 | J | Ledgar | City of Stoke A C | M | | |
| 58 | 27.50 | 185 | P | Phillips | Stone Master Marathoners | MV40 | 399 | D |
| 59 | 27.55 | 89 | M | Fearnley | Unattached | M | | |
| 60 | 27.55 | 733 | A | Gamble | Stone Master Marathoners | LV40 | 289 | L |
| 61 | 28.00 | 2 | R | Keen | Michelin A C | M | | |
| 62 | 28.09 | 723 | J | Day | Cheadle Running Club | LV40 | | |
| 63 | 28.11 | 68 | M | Burley | Trentham Running Club | M | 726 | D |

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| 64 | 28.17 | 368 | J | Smith | Stafford Harriers | MV50 | 678 | C |
| 65 | 28.20 | 377 | I | Wood | Stafford Harriers | MV50 | 356 | C |
| 66 | 28.22 | 791 | W | Swift | Staffordshire Moorlands A C | LV45 | 395 | L |
| 67 | 28.26 | 382 | J | McMurtry | Ashbourne Running Club | MV50 | | |
| 68 | 28.32 | 80 | J | Hobson | Goyt Valley Striders | M | | |
| 69 | 28.32 | 76 | J | Harrison | Trentham Running Club | M | | |
| 70 | 28.32 | 60 | M | Painter | Unattached | M | | |
| 71 | 28.32 | 203 | M | Stoddard | Cheadle Running Club | MV45 | 97 | D |
| 72 | 28.37 | 98 | L | Burgess | Stoke Fit | M | | |
| 73 | 28.37 | 459 | J | Guest | Trentham Running Club | MV55 | 150 | C |
| 74 | 28.37 | 507 | B | Holland | Unattached | MV60 | | |
| 75 | 28.37 | 201 | G | Cope | Uttoxeter Road Runners | MV45 | 400 | E |
| 76 | 28.44 | 292 | P | Lloyd | South Cheshire Harriers | MV45 | 629 | C |
| 77 | 28.47 | 613 | T | Stone | Stoke A C | L | | |
| 78 | 28.49 | 469 | J | Wood | Michelin A C | MV55 | | |
| 79 | 28.54 | 461 | R | Williams | Cheadle Running Club | MV55 | 201 | C |
| 80 | 28.59 | 48 | O | Clarke | Newcastle A C | M | 284 | D |
| 81 | 29.00 | 880 | C | Bird | Biddulph R C | LV50 | | |
| 82 | 29.00 | 103 | J | Hall | Unattached | MV40 | | |
| 83 | 29.07 | 202 | A | Reeves-Jones | Cheadle Running Club | MV45 | 51 | D |
| 84 | 29.09 | 553 | K | Uzzell | Stone Master Marathoners | MV65 | 354 | D |
| 85 | 29.11 | 85 | A | Defries | Trentham Running Club | M | 725 | D |
| 86 | 29.12 | 501 | N | Stretton | NSRRA | MV60 | 113 | C |
| 87 | 29.15 | 4 | O | Eyre | Unattached | M | | |
| 88 | 29.16 | 93 | M | Johnson | Unattached | M | | |
| 89 | 29.19 | 719 | K | Widdowson | Trentham Running Club | LV40 | 381 | L |
| 90 | 29.22 | 192 | G | McLachlan | Michelin A C | MV40 | 359 | C |
| 91 | 29.27 | 87 | T | Gray | Unattached | M | | |
| 92 | 29.36 | 730 | J | Rundall | Goyt Valley Striders | LV40 | | |
| 93 | 29.37 | 457 | A | Burt | Chase Harriers | MV55 | 75 | D |
| 94 | 29.46 | 73 | P | Williams | Unattached | M | | |
| 95 | 29.46 | 3 | G | Bosson | Michelin A C | M | | |
| 96 | 29.49 | 79 | J | Alcock | Newcastle A C | M | 266 | D |
| 97 | 29.56 | 194 | P | Glover | Stoke Fit | MV40 | | |
| 98 | 29.57 | 796 | S | Taylor | Trentham Running Club | LV45 | 691 | L |
| 99 | 29.59 | 81 | G | Barker | Unattached | M | | |
| 100 | 30.00 | 102 | A | Deaville | South Cheshire Harriers | MV40 | 364 | E |
| 101 | 30.06 | 96 | M | Shaw | Stoke Fit | M | | |
| 102 | 30.07 | 601 | N | Noaks | Stafford Harriers | L | 698 | M |
| 103 | 30.08 | 550 | J | Pierce | Newport and District | MV65 | 310 | E |
| 104 | 30.22 | 728 | C | Dundas | Michelin A C | LV40 | 694 | L |
| 105 | 30.25 | 92 | J | Stanfield | NSRRA | M | 162 | D |
| 106 | 30.29 | 612 | A | Aspinall | Goyt Valley Striders | L | | |
| 107 | 30.29 | 464 | C | Heathcock | South Cheshire Harriers | MV55 | 45 | E |
| 108 | 30.29 | 506 | D | Godwin | Stoke Fit | MV60 | | |
| 109 | 30.31 | 77 | C | Carpenter | Cheadle Running Club | M | 311 | E |
| 110 | 30.31 | 500 | T | White | Trentham Running Club | MV60 | 660 | F |
| 111 | 30.32 | 204 | R | Ibbs | Newcastle A C | MV45 | 435 | C |
| 112 | 30.32 | 101 | C | Lake | Chase Harriers | MV40 | | |
| 113 | 30.40 | 462 | M | Williams | NSRRA | MV55 | 693 | D |
| 114 | 30.45 | 193 | W | Grant | Goyt Valley Striders | MV40 | | |
| 115 | 30.45 | 71 | L | Wint | Unattached | M | | |
| 116 | 30.51 | 794 | G | Russon | Cannock and Stafford | LV45 | 151 | L |
| 117 | 30.58 | 205 | G | Jones | Michelin A C | MV45 | | E |
| 118 | 30.59 | 384 | A | Legomski | Stoke Fit | MV50 | | |
| 119 | 31.01 | 105 | A | Rogers | Unattached | MV40 | | |
| 120 | 31.05 | 78 | M | Dixon | Michelin A C | M | 651 | F |
| 121 | 31.05 | 381 | D | Morrey | Unattached | MV50 | | |
| 122 | 31.10 | 190 | A | Jackson | NSRRA | MV40 | 739 | E |
| 123 | 31.16 | 614 | H | Rice | Michelin A C | L | | |
| 124 | 31.23 | 209 | A | Pemberton | Stoke Fit | MV45 | | |
| 125 | 31.25 | 50 | A | Podmore | Unattached | M | | |
| 126 | 31.33 | 207 | A | Zwolinski | Ashbourne Running Club | MV45 | | |
| 127 | 31.36 | 750 | P | Graham | Biddulph R C | LV40 | | |
| 128 | 31.45 | 603 | A | Kimber | South Cheshire Harriers | L | 723 | M |

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| 129 | 31.47 | 801 | C | Skellern | Stafford Harriers | LV50 | 549 | L |
| 130 | 31.50 | 46 | M | Bonney | Stafford Harriers | M | | |
| 131 | 31.50 | 294 | M | Kaine | Stoke Fit | MV45 | | |
| 132 | 31.52 | 554 | K | Goss | Uttoxeter Road Runners | MV65 | 336 | E |
| 133 | 32.03 | 91 | J | Fowler | Trentham Running Club | M | | |
| 134 | 32.07 | 621 | S | Lockett | Stoke Fit | L | | |
| 135 | 32.11 | 186 | P | Thomas | Trentham Running Club | MV40 | 19 | F |
| 136 | 32.14 | 378 | N | Boulton | Stone Master Marathoners | MV50 | | |
| 137 | 32.27 | 725 | AM | Mountford | Stone Master Marathoners | LV40 | 182 | M |
| 138 | 32.33 | 95 | D | Eyre | Unattached | M | | |
| 139 | 32.36 | 67 | J | Bayley | Newcastle A C | M | 669 | E |
| 140 | 32.36 | 552 | R | Shaw | Stone Master Marathoners | MV65 | 620 | F |
| 141 | 32.36 | 879 | R | Wilson | Trentham Running Club | LV55 | 394 | L |
| 142 | 32.56 | 608 | L | Gallagher | Trentham Running Club | L | | |
| 143 | 32.59 | 380 | B | Stevenson | Michelin A C | MV50 | | |
| 144 | 33.04 | 503 | H | Morgan | POTOC | MV60 | | |
| 145 | 33.06 | 800 | D | Mason | South Cheshire Harriers | LV50 | 361 | W |
| 146 | 33.07 | 753 | G | Tinsley | Staffordshire Moorlands A C | LV45 | | |
| 147 | 33.09 | 290 | A | Bourne | Unattached | MV45 | | |
| 148 | 33.11 | 618 | K | Hancock | Unattached | L | | |
| 149 | 33.21 | 606 | S | Hodgkinson | Stone Master Marathoners | L | | |
| 150 | 33.28 | 383 | S | Tilsley | Ashbourne Running Club | MV50 | | |
| 151 | 33.36 | 379 | M | Bentley | Stafford Harriers | MV50 | 499 | E |
| 152 | 33.36 | 875 | M | Hunt | Goyt Valley Striders | LV55 | | |
| 153 | 33.36 | 373 | P | Hunt | Goyt Valley Striders | MV50 | | |
| 154 | 33.38 | 83 | F | Lasota | Cheadle Running Club | M | | |
| 155 | 33.46 | 371 | I | Allen | NSRRA | MV50 | 131 | E |
| 156 | 33.51 | 909 | P | Davies | Stone Master Marathoners | LV60 | 107 | M |
| 157 | 33.52 | 577 | J | Finney | Stafford Harriers | MV70 | 756 | F |
| 158 | 33.54 | 721 | R | Farrell | Stoke Fit | LV40 | | |
| 159 | 33.54 | 372 | M | Beasley | Stoke Fit | MV50 | | |
| 160 | 33.56 | 666 | M | Plant | Cheadle Running Club | LV35 | | |
| 161 | 33.56 | 468 | K | Bloor | Trentham Running Club | MV55 | 562 | E |
| 162 | 34.19 | 75 | J | Fletcher | Unattached | M | | |
| 163 | 34.24 | 662 | E | Phillips | Cheadle Running Club | LV35 | | |
| 164 | 34.24 | 736 | S | Brookes | South Cheshire Harriers | LV40 | | |
| 165 | 34.27 | 661 | E | Dutton | Stone Master Marathoners | LV35 | 704 | W |
| 166 | 34.33 | 731 | H | Wassall | Boalloy | LV40 | | |
| 167 | 34.38 | 734 | R | Ibbs | Newcastle A C | LV40 | | |
| 168 | 34.42 | 51 | D | Nutter | Unattached | M | | |
| 169 | 34.43 | 467 | R | Reid | Uttoxeter Road Runners | MV55 | 69 | F |
| 170 | 35.01 | 792 | M | Deakin | Stafford Harriers | LV45 | | |
| 171 | 35.08 | 803 | K | Murray | Stafford Harriers | LV50 | 224 | M |
| 172 | 35.16 | 555 | B | Powell | NSRRA | MV65 | 191 | F |
| 173 | 35.16 | 660 | B | Seabridge | Stone Master Marathoners | LV35 | 749 | X |
| 174 | 35.17 | 604 | K | Saunders | Newcastle A C | L | 639 | M |
| 175 | 35.21 | 802 | C | Astbury | Uttoxeter Road Runners | LV50 | | |
| 176 | 35.23 | 808 | L | Maskery | Ashbourne Running Club | LV50 | | |
| 177 | 35.31 | 602 | L | Hall | Cheadle Running Club | L | 300 | W |
| 178 | 35.35 | 617 | H | Owens | Unattached | L | | |
| 179 | 35.42 | 504 | D | Baker | Staffordshire Moorlands A C | MV60 | 239 | F |
| 180 | 35.42 | 616 | J | Riley | Trentham Running Club | L | 675 | W |
| 181 | 36.00 | 551 | M | McCoig | Stone Master Marathoners | MV65 | 275 | G |
| 182 | 36.03 | 663 | E | Aberley | Staffordshire Moorlands A C | LV35 | | |
| 183 | 36.16 | 579 | B | Sissons | Chase Harriers | MV70 | 668 | F |
| 184 | 36.36 | 667 | T | Plant | Unattached | LV35 | | |
| 185 | 36.41 | 806 | J | Boulton | Stone Master Marathoners | LV50 | | |
| 186 | 36.55 | 751 | K | Tilsley | Ashbourne Running Club | LV45 | | |
| 187 | 36.55 | 805 | L | Frenyhough | NSRRA | LV50 | 718 | M |
| 188 | 37.09 | 611 | L | Slack | Unattached | L | | |
| 189 | 37.09 | 575 | A | Slater | NSRRA | MV70 | 480 | F |
| 190 | 37.34 | 804 | D | Harris | Chase Harriers | LV50 | | |
| 191 | 37.35 | 374 | T | Clegg | Stone Master Marathoners | MV50 | 703 | G |
| 192 | 37.37 | 195 | A | Mackay-Astley | Unattached | MV40 | | |
| 193 | 37.38 | 735 | E | Alcock | Unattached | LV40 | | |

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| 194 | 37.38 | 208 | S | Pepper | Stoke Fit | MV45 | | |
| 195 | 37.47 | 958 | J | Edwards | Stone Master Marathoners | LV65 | 124 | W |
| 196 | 37.48 | 795 | J | Avery | Ashbourne Running Club | LV45 | | |
| 197 | 37.50 | 619 | J | Rogers | Unattached | L | | |
| 198 | 38.42 | 872 | K | Sokolenko | Unattached | LV55 | | |
| 199 | 39.02 | 870 | J | Loughhead | Unattached | LV55 | | |
| 200 | 39.13 | 752 | J | Osbourne | Stoke Fit | LV45 | | |
| 201 | 39.14 | 581 | F | Chidlow | Stafford Harriers | MV70 | 384 | F |
| 202 | 39.21 | 668 | V | Brough | Unattached | LV35 | | |
| 203 | 39.24 | 106 | M | Davies | Stoke Fit | MV40 | | |
| 204 | 39.26 | 658 | E | Fox | Unattached | LV35 | | |
| 205 | 39.26 | 722 | A | Bradbury | Unattached | LV40 | | |
| 206 | 39.31 | 876 | J | Noaks | Stafford Harriers | LV55 | 47 | W |
| 207 | 39.31 | 556 | M | Rushton | Trentham Running Club | MV65 | 475 | F |
| 208 | 39.42 | 874 | A | Griffiths | Stone Master Marathoners | LV55 | | |
| 209 | 40.01 | 959 | S | Aldridge | Michelin A C | LV65 | 92 | X |
| 210 | 40.35 | 911 | A | Lemon | Ashbourne Running Club | LV60 | | |
| 211 | 40.40 | 720 | S | Rees | Chase Harriers | LV40 | 635 | X |
| 212 | 40.59 | 590 | T | Goodwin | NSRRA | MV75 | 380 | G |
| 213 | 41.17 | 729 | H | Kettle | South Cheshire Harriers | LV40 | | |
| 214 | 41.26 | 878 | K | Mellor | Stoke Fit | LV55 | | |
| 215 | 41.26 | 797 | G | Weaver | Stoke Fit | LV45 | | |
| 216 | 41.46 | 910 | M | Shaw | Stone Master Marathoners | LV60 | 621 | W |
| 217 | 42.59 | 732 | L | Leese | Unattached | LV40 | | |
| 218 | 43.15 | 466 | R | Findler | Newcastle Tri Club | MV55 | 261 | G |
| 219 | 43.41 | 620 | K | Rowding | Trentham Running Club | L | | |
| 220 | 43.44 | 807 | J | Pearce | Stoke Fit | LV50 | | |
| 221 | 45.36 | 200 | A | Kettle | South Cheshire Harriers | MV45 | | |
| 222 | 47.05 | 957 | A | Davies | Stoke Fit | LV65 | 344 | X |
| 223 | 47.09 | 877 | H | Barlow | Michelin A C | LV55 | 397 | X |
| 224 | 48.00 | 47 | S | Gregory | Desford Striders | M | 716 | G |
| 225 | 48.02 | 465 | R | Mace | Cheadle Running Club | MV55 | | |
| 226 | 49.38 | 665 | D | Pemberton | Stoke Fit | LV35 | | |
| 227 | 49.38 | 664 | C | Davies | Stoke Fit | LV35 | | |
| 228 | 50.43 | 607 | L | Bailey | Unattached | L | | |
| 229 | 50.46 | 726 | A | Tabbiner | South Cheshire Harriers | LV40 | | |
| 230 | 50.46 | 727 | B | Wynne | South Cheshire Harriers | LV40 | | |