

## Risk Assessment: Biddulph Running Club Group Training

Date:	Assessed by:	Location :	Review :
25/03/21	Kate Jones Tracy Shufflebottom Katie Brookes	Biddulph Leisure Centre	30/09/21

What are the Hazards?	Who might be harmed and how?	What are you already doing?	Risk Rating	What else can you do to control this risk?	Resultant Risk Rating	Action by whom	Target date	Complete
Close contact with other members during training sessions leading to transmission of the virus via airborne droplets	Potential for members of the club to contract Covid-19 from each other	<ul style="list-style-type: none"> <li>All running activity takes place outside</li> <li>Compliance with England Athletics guidelines</li> </ul>	H	<ul style="list-style-type: none"> <li>Pre-booking system for running nights</li> <li>Pre-activity checklist covering presence of symptoms, check on contact with those who may have had coronavirus</li> <li>Maintaining social distancing at all times</li> <li>Implementing a track and trace process</li> <li>No spitting or snot rockets</li> <li>Hand washing before and after activity</li> <li>Post run all runners to go straight home, shower and put clothes in wash</li> </ul>	L	GF  SH  Runner SH Runner Runner Runner	01.04.21	Y

				<ul style="list-style-type: none"> <li>▪ Clean clothes for every running session</li> <li>▪ No shared drinks or water bottles</li> <li>▪ Drive in separate cars or walk/cycle</li> <li>▪ Groups set off, fastest to slowest to allow for organics spacing to occur in pace</li> </ul>		<p>Runner</p> <p>Runner</p> <p>Runner</p> <p>Covid officer</p>		
Contact with members of the public	Potential for contact with members of the Public during running training sessions	<ul style="list-style-type: none"> <li>• Stop and allow space for MoP to pass at a safe distance</li> </ul>	M	<ul style="list-style-type: none"> <li>▪ Ensure social distancing is maintained</li> <li>▪ Routes to avoid popular areas where large groups may gather e.g. Knype Pool</li> <li>▪ Routes to avoid alleyways and narrow routes</li> </ul>	L	<p>Runner</p> <p>Covid officer</p> <p>Covid officer</p>		
Member becomes ill or injured during running session	Potential for member to need assistance involving close contact to get them medical attention	<ul style="list-style-type: none"> <li>• Ensure that one member of the group has a mobile phone</li> <li>• Always call 999 if required</li> </ul>	M	<ul style="list-style-type: none"> <li>▪ Everyone to carry a mask or face covering such as a snood should someone need support</li> <li>▪ Next of kin contact available on a piece of paper to be carried by each member</li> <li>▪ Everyone to have a phone and an emergency contact to collect them if required</li> <li>▪ Keep routes on the road after sunset to reduce probability of difficulty in emergency services</li> </ul>	L	<p>Runner</p> <p>Runner</p> <p>Runner</p> <p>Runner</p>	01.04.21	

				access				
Lack of access to Leisure Centre facilities	Club members not able to use toilets or meet indoors. Unable to use running group check in/out boards Only one designated meeting area in carpark	<ul style="list-style-type: none"> <li>All members informed that the Leisure Centre is closed</li> <li>Provide details of meeting area to all members</li> </ul>	M	<ul style="list-style-type: none"> <li>Designated group leader for each run to complete check in/out</li> <li>Parking in designated area to avoid contact with other users of the leisure centre</li> </ul>		Covid officer  Runner	01.04.21	
High Level of Covid cases reported in Biddulph and surrounding areas	Increased potential to transmit Covid and likely increase in number of members at risk.	<ul style="list-style-type: none"> <li>Monitoring of National Covid situation and compliance with Government Guidelines</li> </ul>	H	<ul style="list-style-type: none"> <li>Club Running would need to stop to prevent the spread</li> <li>Assessment to be made each training night by the Covid officer</li> </ul>	L	Covid officer  Covid officer	Ongoing	